



Evaluation - Participant Survey

Thank you for completing this survey. It helps us to understand how useful the Community Kitchen is to you and gives us some ideas on how to improve it.

Date:

Name of Community Kitchen:

1. How long have you been attending the Community Kitchen?

- Less than 1 year
- 1 – 2 years
- 2 – 3 years
- 3 – 4 years
- 4 – 5 years
- More than 5 years

2. Have you learnt something by coming along to this Community Kitchen (for example, how to grow fruit and vegetables, how to create a shopping list, how to follow recipes, how to work as a team etc.)

3. What do you like about coming to the Community Kitchen?

4. Is this anything that would make coming to the Community Kitchen even better?

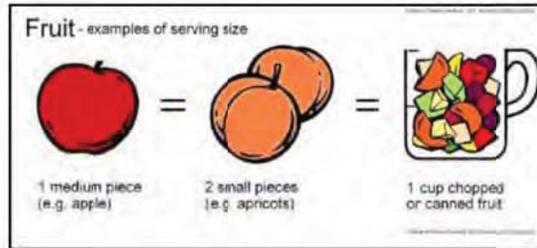
5. In general, are you happy with how the Community Kitchen is going?

- YES
- NO

6. In the last 12 months were there any times that you ran out of food and couldn't afford to buy more?
- YES
 NO

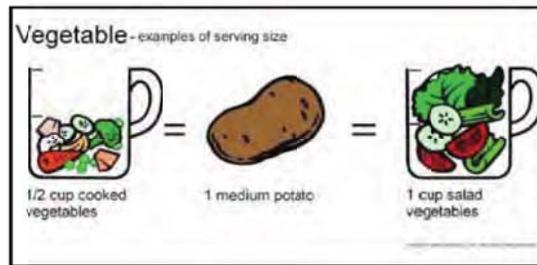
7. How many serves of fruit would you normally eat per day (please tick one)?

- I don't eat any fruit
 1 serve
 2 serves
 3 serves
 4 serves
 5 or more serves



8. How many serves of vegetables would you normally eat per day (please tick one)?

- I don't eat any vegetables
 1 serve
 2 serves
 3 serves
 4 serves
 5 or more serves



9. How many serves of fruit do the Australian Dietary Guidelines recommend we eat every day (please tick one)?

- Don't know!
 0
 1
 2
 3
 4
 5 or more serves

10. How many serves of vegetables do the Australian Dietary Guidelines recommend we eat every day (please tick one)?

- Don't know!
 0
 1
 2
 3
 4
 5 or more serves

11. Would you be interested in becoming a group leader for the Community Kitchen in the future (please tick one)? YES NO

12. Share a story (if you have one you would like to share)!

Do you have a short story you can share with us? For example, it could be a story of how you met a friend through the Kitchen, a story about how your group plan and cook a meal together, or it could be a story about why the Kitchen is important to you.



Thank you for your time!